

Are you at risk of Type 2 diabetes?

If you're black or South Asian and over 25, you're more at risk of developing this potentially serious condition, which can lead to long-term health problems if left untreated.

That's why it's really important that you find out now if you are at risk. Because those who are, can get free support to help them significantly lower the chances of developing it.

The Diabetes UK risk tool will help you to find out if you're at risk of developing Type 2 diabetes. It takes just a few minutes and could be the most important thing you do today.

Search '[Know Your Risk](#)'

[Please note: Provider to insert preferred call to action]

HEALTHIER YOU
NHS DIABETES PREVENTION PROGRAMME

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